

What clients are saying about Deborah Deras and Adoley Odunton ...

"Deborah & Adoley are amazing. I got so much out of their seminar on Time Expansion that it instantly gave me tools to increase my energy and efficiency." Rosemary Jimenez, Producer at 94.7, KTWV- The Wave – "Smooth Jazz"

"Adoley and Deborah's words of inspiration are filled with emotional intelligence and passion. They offer lots of valuable information and food for thought."
Sharon Medina, Entrepreneur

"What a wonderful presentation. Very enlightening and thought-provoking."
P.K. Odle, The Feng Shui Advantage

Your topic was most informative and certainly very beneficial to our group. The valuable information on "Time Expansion" and learning how to draw on our energy will not be forgotten. The fun and useful exercises we participated in, will be remembered by all."
Joyce Hannah-Law, CLEARs (California Law Enforcement Association of Records Supervisors)

"You created an open environment in which the attendees clearly heard your message and participated in the exercises and discussion. We appreciate your sharing your knowledge and experience in such an entertaining and thought-provoking manner"
Joan R. Brown Senior Commissioner's Representative IRS

"Firstly, I would like to commend you for such a great workshop. You truly have the gift to motivate those who need that inspiration to make positive changes for their own life. I was very thrilled with the positive energy and I am very happy to have participated in the conference in Irvine along with HAC. Thank you very much and I look forward to your book and sharing it with my friends and especially my family". -Susana Diaz, Social Security Administration

"Deborah is genuine. She gives a high energy influential seminar and most importantly her seminar gave me tangible steps which I am implementing starting to achieve my goals." Niki Kubat, Ph.D, Caltech

"Your presentation was a revelation moment for me. It had a positive impact on my perceptions, expectation and reactions. I definitely changed my ability to deal with the now." -Felix Ramirez, Ernst and Young

"Great seminar, Learning about the power of choice and the power of now and how my reactions and decisions helped me tremendously. –Scott Quintero, VP of Merrill Lynch

"This was a very inspiring session that will help me regain the focus on my priorities and the NOW!" –Jose Campos, Deloitte and Touche

"Your presentation was great it gave me the insight I needed to realize how to make more time during my busy schedule."- Veronica Barrera- Price Waterhouse Cooper

"You have a great personality and make the presentation exciting and lively. Great information."
Janet M. Dunham. Purchasing Department. DWP

"Your presentation was most informative, inspiring and entertaining. Everyone felt you to be very knowledgeable about the subject matter. You were relaxed, confident and very well organized. We were easily able to identify with the stories you shared. The audience found you to be both inspiring and empowering. " Barb Phillips, President, National Management Association

“Thank you, thank you and thank you so much for your great presentation. The other attendees all thanked me for choosing you as a guest speaker and found your presentation enlightening.”
Steve Traktman, Veterans Association of California

“You were great fun and provided us with tools for us to use in the many aspects of our daily routine. Eric Sund Purchasing Manager, City of Downey

“Adoley was an inspiration to our group. She brings humor, creativity, and motivation as she involves the audience in an interactive experience that will make you think about your life in a new way forever.”

- R. Kay Hocking, DCH, Ph.D. Director For You Network

“Adoley is an expert on providing tools that empower individuals to achieve their goals in life.”
Nelly Rodriguez LLN/ El Camino College

“A wonderful session. I immediately got motivated to eliminate some of the barriers that I saw clearly after the exercises. And I loved the physical movement throughout. It kept us energized.”
Lorenda Phillips. President Westside Women’s Network